

Know the Facts



TOBACCO USE AND CANCER

NOT ALL CANCERS
ARE CAUSED BY SMOKING

BUT SMOKING CAN CAUSE CANCER

ALMOST ANYWHERE IN YOUR BODY.



SMOKERS

FACE AN
INCREASED RISK
OF DEVELOPING A
SECOND CANCER

AT THE SAME AREA OR
A DIFFERENT PLACE
IF THEY CONTINUE
TO SMOKE

THE
SURVIVAL RATE
FOR CANCER
HAS IMPROVED
IN THE UNITED STATES

OVER THE PAST 50 YEARS TO

68%
↑↑↑

IF YOU HAVE CANCER,
quitting tobacco products can help your
treatment and recovery by shortening
wound healing time and
decreasing the chance
of wound complications.



Findings are clear:



SMOKING
AFTER CANCER
TREATMENT
INCREASES
THE RISKS
FOR HOSPITALIZATIONS,
SLOW RECOVERY, AND
WOUND COMPLICATIONS.

PATIENTS
WHO DEVELOP CANCER
AND ARE STILL USING TOBACCO
NEED TO QUIT.
A CANCER PATIENT
WHO IS A
CURRENT CIGARETTE SMOKER
CAN IMPROVE THEIR
PROGNOSIS BY QUITTING
>>>> AT ANY TIME. <<<<



“EVIDENCE-BASED
SMOKING CESSATION SERVICES
FOR
CANCER PATIENTS
CAN HAVE SUBSTANTIAL
BENEFITS FOR SURVIVAL.”
- SURGEON GENERAL OF THE UNITED STATES



HOW TO QUIT. In the fight against tobacco, nobody has to do it alone. A private, 24/7 free, personal Quit Counselor will help you get ready to quit, choose a quit day, change your routines, deal with withdrawal, and fight slips and relapses.

1-800-QUIT-NOW (1-800-784-8669)

Arkansas Department of Health
Tobacco Prevention and Cessation Program

www.stampoutsmoking.com

#StampOutSmoking

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